

A close-up photograph of a hand reaching towards a field of red poppies. The hand is positioned on the left side of the frame, with fingers slightly curled as if about to touch a flower. The poppies are in various stages of bloom, with some fully open and others as buds. The background is a vast field of similar flowers stretching to the horizon under a warm, golden sunset sky. The overall mood is serene and contemplative.

Those who contemplate
the beauty of the earth
find reserves of strength that will endure
as long as life lasts.

— Rachel Carson