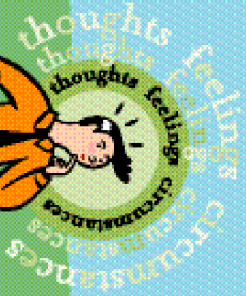


It's Your Choice



Anything that impacts us at any moment



START

Learner path

Judger path

Choose

React

What happened?
What's useful here?
What do I want?

What can I learn?
What is the other person
thinking, feeling,
saying, and wanting?
What am I responsible for?

What's possible?
What are my choices?
What's best to do now?

LEARNER

- Thoughtful Choices
- Solution Focused
- Win-Win Relating

Who's to blame?

SWITCH
Ask Learner Questions
to avoid Judger Pit

Why am I
such a failure?
Why are they
so stupid?

Judger Pit

What's wrong
with me?
What's wrong
with them?

JUDGER

- Automatic Reactions
- Blame Focused
- Win-Lose Relating

Choice Map™

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